

Vulnerability in Australia



Mental Illness/ Psychological distress

1 in 5

people report having mental health condition in 2017-18¹

Depression is the number one cause of non-fatal disability in Australia¹



1 in 4

Australian adults are lonely which can affect mental and physical health²

Financial Stress and inequity

Almost **20%** of households were unable to access \$2,000 emergency funds within a week³

The average superannuation balance for women is **one-third** that for men⁴

Women earn on average around **16%** less than men⁴



Family Violence

Nearly **16%** of women and **7%** of men experienced financial abuse in their lifetime⁵

Indigenous Australians

46% have at least 1 chronic illness; 38% are living with a disability: **1.8 times the level for non-Indigenous Australians**⁶



Only **1 in 10** are financially secure



Approximately **48%** reported high or severe financial stress compared to 10% of non-indigenous⁷

Chronic disease⁸

In 2017-2018, **47%** of Australians reported having at least **1 chronic condition**



23% report having 2 or more conditions

Approximately

48%

reported high or severe financial stress compared to 10% of non-indigenous⁷

Disability⁹

Almost **18%** of the 2018 Australian population lives with a disability



The digital divide¹⁰

30% of first nations people in remote communities have no household or internet connection

In 2020, more than **2.5 million** Australians were still offline

Numeracy and literacy

Around **44%** of Australians between **15-74** have a literacy level below that of a person who has completed year 10 schooling¹¹

1 Australian Institute of Health and Welfare: Australia's Welfare 2021 Data insights 16/08/2021
2 Australian Psychological Society Loneliness report 2018
3 Australian Institute of Health and Welfare: Australia's Welfare 2021 Data insights 16/08/2021
4 Women in Super.com.au
5 Australian Institute of Health and Welfare: Family Domestic and Sexual Violence in Australian 2018
6 ABS National Aboriginal and Torres Strait Islander Health Survey 11/12/2019
7 Centre for Social Impact, First Nations Foundation, nab: Money Stories . May 2019
8 Aust Govt Department of Health National Strategic Framework for Chronic Conditions 3/3/2020
9 ABS Disability, Ageing and Carers, Australia: Summary of Finding 24/10/2019
10 Good things foundation Digital Nation Australia 2021 Infographic
11 ABS Program for the International Assessment of Adult Competencies, Australia 9/10/2013